

Know Thyself Healing Center
Usui/Holy Fire II Reiki I and II
9:00 a.m. – 6:00 p.m.
Class Fee: \$350.00
Reiki Master Teacher: Diana Charles

This beginning level Reiki training is thorough and comprehensive. It includes both Reiki I & II and is a combination of the Western style as introduced by Mrs. Takata, the Usui Japanese style, and the Holy Fire Energies. On completion of the class, you will be able to give Reiki treatments to yourself and others. The following subjects are taught:

- The origin and history of Reiki
- The nature of Reiki energy, why people get sick and how Reiki heals the emotional, mental, physical, and spiritual bodies
- The Reiki Ideals
- The Human Energy System (aura, chakras, meridians)
- The complete hand placement system for either on or off the physical body
- Gassho meditation
- Byosen Scanning: Using the sensitivity in the hands to locate areas needing healing (usually in the aura) and to treat them
- Reiji-Ho: Using inner guidance to know how and where to treat
- Kenyoku: Dry bathing, a method to purify your energy field
- Koki-ho: Using the breath to heal
- Gyoshi-ho: Sending Reiki with the eyes
- Sending Reiki healing at a distance -- spatially or into past, present or future
- Reiki II symbols: How to draw, activate and use them. Discussion includes their many uses and inner meanings. Practice time is given so students know from experience how the energy of each symbol feels and the results each symbol produces.
- Placements for Reiki levels I and II are given. In Holy Fire II classes, attunements are called Placements because they place Holy Fire energies directly into each student, providing a more effective healing energy and activating the Usui symbols in a more powerful way.

This class is a combination of lecture, discussion, demonstration, and practice. Each student will experience giving and receiving a complete healing treatment. Practice time is given using all the Reiki II symbols as well as the techniques mentioned above. A Reiki I & II class manual and a professional certificate are included.

Cost: \$350.00 with a \$150.00 non-refundable deposit.

Know Thyself Healing Center 27 Old Highway 85 Senoia, GA 30276
diana@knowthyselfhealingcenter.com www.knowthyselfhealingcenter.com

404-432-2618

Know Thyself Healing Center
Usui/Holy Fire II Reiki I & II Class Registration

You can register for this class by paying the whole fee of \$350.00 or by paying just the non-refundable registration fee of \$150.00. * Balance is due before the start of class.

If you have already paid your registration fee but want to pay your balance of \$200.00, you may do that here as well. After registering, you will be sent a class information packet with attunement preparation, directions, and other information.

Date of class: _____

Name: _____

Telephone: _____ Email: _____

- Pay for class in full, \$350.00
- Pay for class registration (non-refundable deposit), \$150.00
- Pay for class balance, \$200.00
- Check
- Visa
- MC

Credit Card # _____ Exp. Date _____ CVC # _____

Billing Address: _____

*Note: Registration fees are non-refundable; however, they may be applied to a later class if you need to postpone your training.

Questions

If you have questions, please call me at (404) 432-2618
Or email me at diana@knowthyselfhealingcenter.com

www.knowthyselfhealingcenter.com

Mail registration and payment to:

Diana Charles, Reiki Master
Know Thyself Healing Center
27 Old Highway 85
Senoia, GA 30276